



Paternal diet programs offspring health through sperm- and seminal plasma-specific pathways in mice

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The association between poor paternal diet, perturbed embryonic development, and adult offspring ill health represents a new focus for the Developmental Origins of Health and Disease hypothesis. However, our understanding of the underlying mechanisms remains ill-defined. We have developed a mouse paternal low-protein diet (LPD) model to determine its impact on semen quality, maternal uterine physiology, and adult offspring health. We observed that sperm from LPD-fed male mice displayed global hypomethylation associated with reduced testicular expression of DNA methylation and folate-cycle regulators compared with normal protein diet (NPD) fed males. Furthermore, females mated with LPD males display blunted preimplantation uterine immunological, cell signaling, and vascular remodeling responses compared to controls. These data indicate paternal diet impacts on offspring health through both sperm genomic (epigenetic) and seminal plasma (maternal uterine environment) mechanisms. Extending our model, we defined sperm- and seminal plasma-specific effects on offspring health by combining artificial insemination with vasectomized male mating of dietary-manipulated males. All offspring derived from LPD sperm and/or seminal plasma became heavier with increased adiposity, glucose intolerance, perturbed hepatic gene expression symptomatic of non-alcoholic fatty liver disease, and altered gut bacterial profiles. These data provide insight into programming mechanisms linking poor paternal diet with semen quality and offspring health.

developmental programming | maternal responses | metabolic disorder | paternal diet | semen quality

There is growing evidence that paternal diet, physiology, and environmental factors impact on sperm quality, post-fertilization development, and adult offspring health (1). Studies into mechanisms of paternal programming have identified both direct (sperm quality, epigenetic status, and DNA integrity) and indirect (seminal plasma composition) pathways linking paternal fitness with offspring health (2). Elevated body mass index in men is associated with reduced serum testosterone (3), increased sperm-DNA fragmentation (4), and poor postfertilization development (5). Animal models of paternal high-fat-diet-induced obesity and diabetes also reveal significant increases in sperm-DNA fragmentation (6), impaired embryo development (7), and offspring glucose intolerance and defective insulin secretion (8). Mirroring the programming effects of paternal high-fat diet, paternal undernutrition impacts significantly on embryonic metabolism, fetal growth, and adult cardiometabolic health (9–11).

Epigenetic mechanisms are potential mediators linking paternal environment to sperm quality and adverse offspring development. Changes in the patterns of histone variants (12), DNA methylation (13), and RNA transcripts (14) have been observed in sperm from infertile men. However, it is still

unknown whether sperm epigenetic changes are a direct cause or consequence of male infertility. In mice, diets high in fat or low in folates have detrimental effects on sperm-DNA methylation and tRNA-derived small RNA (tsRNA) levels impacting on fetal development and adult offspring glucose tolerance (15, 16). Separate from sperm, seminal plasma can influence postfertilization development through its central role in initiating maternal reproductive tract immunological responses, essential in the establishment and maintenance of pregnancy (17, 18). In mice, absence of seminal plasma at the time of conception retards preimplantation embryo development, programming hypertension, obesity, and glucose intolerance in adult offspring (19).

While our understanding of the impact of suboptimal paternal diet on offspring health is increasing, the mechanisms underlying these changes remain to be defined fully. To date, studies have focused on individual sperm-specific epigenetic changes (DNA methylation, histone modifications, and RNA populations) or

Significance

Parental health and diet at the time of conception determine the development and life-long disease risk of their offspring. While the association between poor maternal diet and offspring health is well established, the underlying mechanisms linking paternal diet with offspring health are poorly defined. Possible programming pathways include changes in testicular and sperm epigenetic regulation and status, seminal plasma composition, and maternal reproductive tract responses regulating early embryo development. In this study, we demonstrate that paternal low-protein diet induces sperm-DNA hypomethylation in conjunction with blunted female reproductive tract embryotrophic, immunological, and vascular remodeling responses. Furthermore, we identify sperm- and seminal plasma-specific programming effects of paternal diet with elevated offspring adiposity, metabolic dysfunction, and altered gut microbiota.

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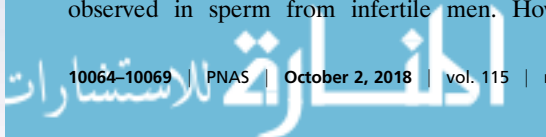
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seminal plasma-mediated programming of offspring health in isolation. However, the precise and relative sperm- and seminal-plasma specific contributions to offspring programming in vivo are unknown. Male mice in this study were fed normal or low-protein diets as described previously (10, 11). In this model, the low-protein diet does not affect male reproductive fitness (testis weight, sperm number, pregnancy rates, or litter size) but programs elevated offspring growth and perturbed cardiometabolic health. Here, we report that paternal diet modifies sperm-DNA methylation levels and cytokine-associated uterine inflammation and vasculogenesis. Furthermore, we characterize sperm- and seminal plasma-mediated effects of paternal diet on adult offspring growth, adiposity, and metabolic function, including measures of nonalcoholic fatty liver disease and gut microbiota population.

Results

Paternal LPD Leads to Sperm Global DNA Hypomethylation. We fed male mice either a control normal protein diet (NPD 18% casein) or isocaloric low-protein diet (LPD; 9% casein) for a minimum of 8 wk (see *SI Appendix, Table S1* for composition). In line with our previous studies (10, 11), LPD had no impact on male body weight, testis weight, or the total number of mature epididymal sperm collected (*SI Appendix, Fig. S1*). However, analysis of testicular histology revealed increased mean tubule and seminiferous epithelium area (Fig. 1*A–C*; $P \leq 0.0001$). Testes from LPD-fed males displayed reduced expression of the de novo and

regulatory DNA methyltransferases *Dnmt1* and *Dnmt3L*, respectively (Fig. 1*D*; $P = 0.023$ and 0.05 , respectively) and altered folate-cycle enzymes *Dhfr* (dihydrofolate reductase), *Mthfr* (methylene tetrahydrofolate reductase), and *Mtr* (methionine synthase) expression (Fig. 1*E*; $P = 0.036$, 0.022 , and 0.0012 , respectively).

Analysis of sperm-DNA methylation status revealed LPD sperm to be comparatively hypomethylated compared with NPD sperm (Fig. 1*F*). We identified 972 hypomethylated loci in LPD sperm but only 99 hypermethylated loci (Log_2 reads per million fold-change <0 or >1 , respectively). (See *Dataset S1* file for all differentially methylated loci.) LPD differentially methylated loci were present on all chromosomes (Fig. 1*F*) and associated within several different classes of DNA-repetitive elements (Fig. 1*G*). Pathway analysis identified calcium-signaling, GnRH-signaling, and apoptosis pathways to be the most enriched, with 24, 14, and 7 genes showing differentially methylated loci, respectively ($P < 0.0001$) (Fig. 1*H*). Previously, we identified differential transcript expression of several calcium-signaling, apoptosis, and metabolic regulators (*Adcy5*, *Bcl2l1*, *Plcb*, *Prkcb*, and *Fto*) in hearts of offspring derived from LPD-fed males (10). Each gene displayed differential methylation in LPD sperm (*Dataset S1*). However, in stud sperm, *Adcy5* and *Fto* were the only genes with reduced expression (Fig. 1*I*; $P = 0.05$ and 0.043 , respectively). Finally, we observed no impact of paternal LPD on sperm capacitation (*SI Appendix, Fig. S1*) or seminal plasma cytokine levels (*SI Appendix, Table S2*).

LPD Semen Blunts Maternal Uterine Cytokine and Immunological Responses.

We demonstrated previously that paternal LPD reduced expression of multiple AMPK pathway genes in day 3.5 blastocysts (11). To determine if changes in embryonic gene expression were associated with an altered maternal uterine environment, we analyzed uterine cytokines at day 3.5 post coitus. Here, we observed significant reductions in proinflammatory cytokines and chemokines in females mated with LPD-fed males (Fig. 2*A*). Specifically, we observed reductions in the levels of TNF, IL-1 β , CSF3 MIP-1 α , and IFN- γ (Fig. 2*B–F*; $P < 0.05$). Expression analysis of genes involved in the prostaglandin synthesis pathway revealed reductions in the expression of arachidonate 5-lipoxygenase (*Alox5*), prostaglandin-endoperoxide synthase 2 (*Ptgs2*), prostaglandin E synthase (*Ptges*), and thromboxane-A synthase (*Tbxas1*) in females mated with LPD males (Fig. 2*G*; $P < 0.05$). Furthermore, we observed significant reductions in uterine expression of CD3 antigen, epsilon polypeptide (*Cd3e*), forkhead box P3 (*Foxp3*), and histocompatibility 2, class II antigen A, beta 1 (*H2-Ab1*) (Fig. 2*H*; $P < 0.05$). Finally, analysis of uterine vascular morphology at day 3.5 post coitus revealed significant reductions in uterine blood vessel area and perimeter (Fig. 2*I* and *J*; $P < 0.001$) in females mated with LPD-fed males.

Sperm- and Seminal Plasma-Specific Effects on Offspring Health.

Our results indicated paternal diet programs offspring development through both sperm (direct genomic or epigenetic effects on the embryo) and seminal plasma (perturbed maternal uterine environment) mechanisms. To define the relative sperm and seminal plasma programming contribution to offspring health, we combined artificial insemination and vasectomized male mating. We generated four groups of offspring mice termed NN (NPD sperm and NPD seminal plasma), LL (LPD sperm and LPD seminal plasma), NL (NPD sperm and LPD seminal plasma), and LN (LPD sperm and NPD seminal plasma). No significant difference in maternal gestational weight gain or gestation length, litter size, or weight at birth were observed between treatment groups (*SI Appendix, Table S3*). For all treatment groups, we observed that approximately one third of inseminated females did not become pregnant (as defined by sustained weight gain over the first 10 d of gestation). Similarly, only two thirds of pregnant females went on to deliver live offspring. However, both pregnancy and

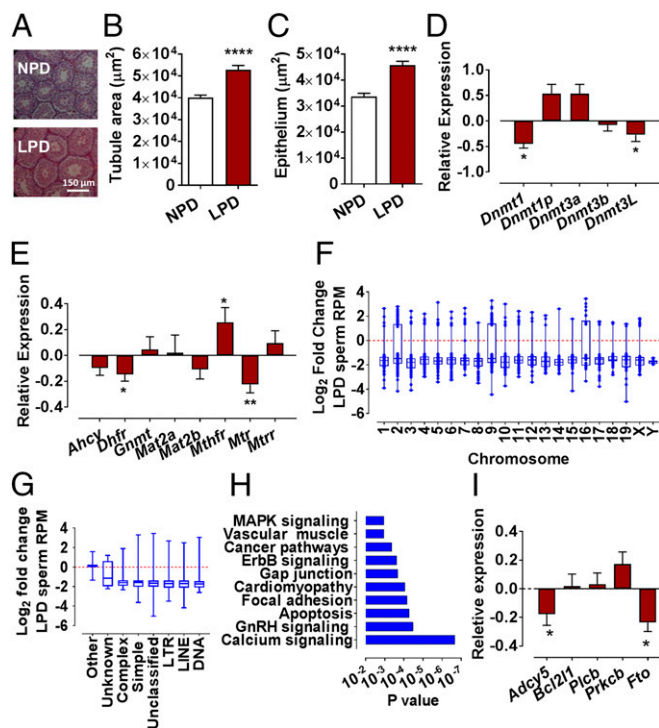


Fig. 1. Paternal LPD impacts on testicular morphology and epigenetic status. Representative histological images of NPD and LPD testes (*A*) with area of seminiferous tubules (*B*) and epithelium (*C*). Relative NPD and LPD testicular transcript expression of DNA methyltransferases (*D*) and folate-cycle enzymes (*E*). LPD sperm methylation status relative to NPD sperm (Log_2 fold differences of reads per million, RPM) (*F*). DNA-repetitive elements' distribution of differentially methylated loci (*G*). Pathway analysis of differentially methylated loci between NPD and LPD sperm (*H*). Relative NPD and LPD sperm transcript expression of differentially methylated genes (*I*). $n = 8$ males per dietary group. $n = 2$ pools of NPD and LPD sperm for *F–I*. Transcript expression in NPD tissues normalized to 0. Data are mean \pm SEM for (*B*, *E*, and *I*). Data are mean \pm SEM. * $P < 0.05$, ** $P < 0.01$, **** $P < 0.0001$.

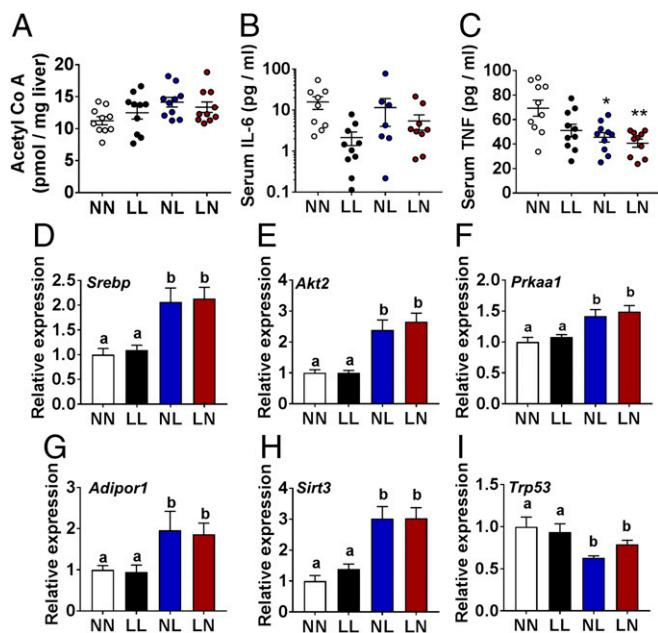


Fig. 4. Analysis of offspring nonalcoholic fatty liver disease phenotype. NN (NPD sperm and NPD seminal plasma), LL (LPD sperm and LPD seminal plasma), NL (NPD sperm and LPD seminal plasma), and LN (LPD sperm and NPD seminal plasma) adult offspring liver Acetyl CoA (A), serum IL-6 (B), and serum TNF- α (C) levels. Adult offspring liver transcript expression of *Adipor1* (D), *Akt2* (E), *Prkaa1* (F), *Trp53* (G), *Sirt3* (H), and *Srebp1* (I). $n = 5$ males and females per treatment group, each from different litters. NPD expression normalized to 1 in D–I. Data are mean \pm SEM. Differences at $P < 0.05$ between groups are represented as different letters. * $P < 0.05$, ** $P < 0.01$.

mice an LPD results in perturbed testicular epigenetic status and globally hypomethylated sperm. Furthermore, in females mated with LPD males, we observe blunted uterine immunological signaling responses and vascular remodeling. Using artificial insemination with vasectomized male mating we show that offspring growth, metabolism, adiposity, and gut bacteria are programmed by paternal diet in a sperm- or seminal plasma-specific manner. Significantly, all offspring derived from either LPD sperm and/or seminal plasma developed phenotypic characteristics of metabolic dysfunction. These results provide insights into links between poor paternal diet at the time of conception and the programming of metabolic health in his offspring.

Diets high in fat and/or protein (28% protein) have been shown to impair testicular steroidogenesis, increasing rates of apoptosis and sperm-DNA damage in rodents (20, 21). In response to LPD, we observed increased mean testicular seminiferous tubule and epithelium area. However, the mechanisms underlying these changes in tubule morphology remain unknown at present. We also observed paternal LPD perturbed testicular expression of the folate-cycle enzymes *Dhfr*, *Mthfr*, and *Mtr* and of the DNA methyltransferases *Dnmt1*, *Dnmt3L*. In rodents, maternal LPD has been associated with elevated plasma homocysteine levels, modifying s-adenosylmethionine levels for epigenetic regulation of gene expression (22, 23). Male *Mthfr* knockout mice display altered testicular histology, loss of germ cell number, and reduced sperm-DNA methylation profiles (15, 24), while pharmacological reduction in cellular *Dnmt1/3L* levels impact negatively on spermatogenesis and sperm-DNA methylation levels (25, 26). Therefore, disruption of the testicular folate cycle in LPD males may impact the provision of methyl donors for the establishment of appropriate epigenetic marks within the developing sperm, although this remains to be confirmed.

To determine the impact of paternal LPD on sperm epigenetic status, we performed global analysis of sperm-DNA methylation.

We observed that sperm from LPD-fed males displayed global hypomethylation aligned within gene body locations. However, minimal changes in DNA methylation at promoter regions or CpG islands were detected. Similar minimal impacts on promoter DNA methylation (as determined by MeDIP-Seq) have been observed in sperm from mice fed LPD (9). However, gene body methylation status was not reported. In sperm, DNA methylation at non-CpG-dense gene-body regions has been reported and correlates positively with gene expression (27). It is believed to regulate gene transcription from alternative intragenic promoters (28). Therefore, further studies are required to elucidate fully the impact of paternal diet on additional sperm epigenetic modifications including histone modifications (29) and RNAs (15) in addition to DNA methylation.

Previously, we have shown offspring of LPD males display cardiovascular dysfunction associated with reduced cardiac expression of calcium-signaling (*Adcy5*, *Plcb*, and *Prkcb*), fat mass- and obesity-associated (*Fto*), and antiapoptotic (*Bcl2l1*) genes (10). As *Adcy5*, *Bcl2l1*, *Plcb*, and *Fto* displayed differential methylation in LPD sperm, we assessed their expression at the transcript level. While *Adcy5* and *Fto* expression were reduced in LPD sperm, no difference in *Bcl2l1*, *Plcb*, or *Prkcb* was observed. These observations indicate a nondirect association between DNA methylation and other epigenetic mechanisms in sperm (9). Future studies will define further the associations between paternal diet, testicular function, and sperm epigenetic status.

We also observed that paternal LPD suppressed normal maternal uterine inflammatory responses. Following mating, deposition of seminal plasma within the female reproductive tract initiates secretion of embryotrophic and immune-modulatory cytokines as well as initiating regulatory T cell expansion and leukocyte infiltration (30). Disruption to the balance of oviductal and uterine-signaling molecules during preimplantation development has been linked to perturbed embryonic and offspring development (19). We observed reduced uterine TNF, IL-1 β , IFN- γ , MIP-1 α , and CSF3 levels following mating with LPD males. IL-1 β has been linked to embryo development with levels correlated to blastocyst cell number in humans (31). Uterine MIP-1 α and CSF3 regulate paternal antigen-presenting cells, which are essential for uterine immune response suppression ahead of blastocyst implantation (32), while uterine natural killer cell-derived IFN- γ and TNF regulate the remodeling of the uterine vasculature. We also observed significantly decreased uterine expression of *Alox5*, *Ptgs2*, *Ptgs*, *Tbxas1* genes in females mated with LPD males. ALOX5 regulates the expression of proinflammatory cytokines including TNF (33) and IL-1 β (34), while *Ptgs* is involved in the maternal recognition of pregnancy (30). These observations may be explained by blunted uterine inflammatory and regulatory T cell (Tregs) mediated responses

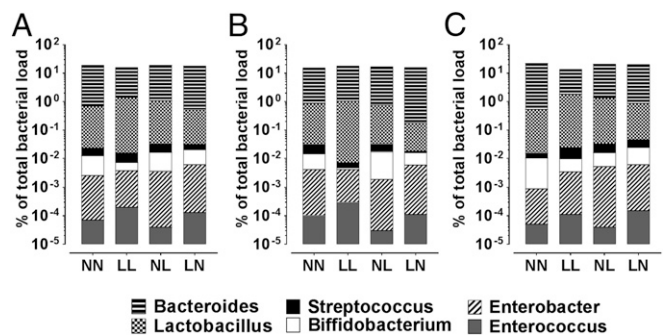


Fig. 5. Analysis of offspring microbiota. Offspring gut bacterial profiles in males and females combined (A), males only (B), and females only (C). $n = 10$ males and females per treatment group.

post mating. Our observation of significantly reduced uterine expression of *Cd3e*, *Foxp3*, and *H2-Ab1* supports this interpretation. H2-Ab1 is involved in the presentation of paternal antigens by dendritic cells to T cells via the T cell receptor (TCR). Signaling via Cd3e, a component of the TCR, results in the activation of Treg cells and the induction of *Foxp3* gene transcription (35). However, further studies are needed to characterize uterine Foxp3+ Treg cell populations.

Our data reveal the impact of paternal diet on both sperm epigenetic status and the preimplantation uterine environment. As both mechanisms have the potential to program post-fertilization development and offspring health, we define their respective impacts on adult offspring well-being. We combined artificial insemination with vasectomized male mating to generate four groups of offspring (NN, LL, NL, LN; where the first and second letters denote the diet of the sperm and seminal plasma, respectively). All offspring generated using LPD sperm and/or seminal plasma displayed characteristics associated with metabolic syndrome including elevated adiposity, glucose intolerance, nonalcoholic fatty liver disease, and altered gut bacterial profiles. We observed that the greatest impacts on offspring phenotype occurred when the dietary origin of the sperm and seminal plasma are mismatched (NL and LN groups). This was most evident in our analysis of offspring nonalcoholic fatty liver disease (NAFLD). NAFLD is the most common form of chronic liver disease in Western societies and is characterized typically by increased levels of inflammatory markers, hepatic lipids, metabolites, and apoptosis (36). We observed no impact of paternal diet on hepatic acetyl-CoA or serum IL-6 levels, while levels of the proinflammatory cytokine TNF were reduced in NL and LN offspring. Studies have shown that obese prepubescent children display lower levels of serum TNF than nonobese children (37). These studies suggest that in younger individuals the relationship between obesity and inflammatory status may be different to that in adults. As our offspring were only 16 wk of age, they may only be at an early stage of NAFLD before the chronic elevation of proinflammatory markers. Furthermore, we observed significantly increased expression of *Adipor1*, *Akt2*, *Prkaa1*, *Sirt3*, and *Srebfl1* in NL and LN offspring, while *Tp53* was decreased. Such patterns have been linked with obesity (38), increased hepatic fatty acid synthesis (39), and increased lipid deposition (40).

There is increasing interest in the interaction between lifestyle, gut microbiota, and liver function (41). Our initial analysis of offspring gut bacterial profiles revealed significant changes in the levels of *Enterococcus*, *Lactobacillus*, *Streptococcus*, and *Bifidobacterium* between groups. Collectively and individually, these bacteria are involved in the metabolism of carbohydrates, fatty acids, and bile acids (42). Probiotic treatment of obese children with *Lactobacillus* and *Bifidobacterium* has been shown to reduce the severity of NAFLD (43). It is interesting to speculate if the changes in offspring gut microbiota were established in early neonatal life or occurred in response to their perturbed metabolic status. Recent studies have established seminal plasma possess its own microbiota, which can be modified by paternal high-fat diet (44). Whether the seminal microbiota can influence the maternal reproductive tract microbiota and so alter offspring gut microbiota at birth remains to be established. However, this identifies another mechanism by which paternal diet could influence the health and metabolism of offspring.

In contrast to our previous study (10), we observed no effect of paternal LPD on weight at birth, but we did observe a significant effect on postnatal growth affecting both male and female offspring. One key difference between the current study and our previous studies is the use of superovulation and artificial insemination. Ovarian hyperstimulation can impact negatively on embryo quality, endometrial receptivity, and perinatal outcomes (45, 46), masking or exaggerating offspring phenotypic effects in

a sex-specific manner separate to other programming mechanisms, for example, paternal diet (10) and absence of seminal plasma (19). In the current study we are not able to define the potential impact of the superovulation and/or artificial insemination techniques used on offspring health. However, as all treatment groups were generated using the same manipulation techniques, we believe that differences in postnatal phenotype between treatment groups can be attributed to the dietary status of the male from which the sperm and/or seminal plasma originated.

Our study provides insights into the mechanism linking paternal nutrition to the early origins of offspring health. Separate studies have shown that offspring metabolic health can be impaired either via sperm-specific programming of the preimplantation embryo (15, 47) or seminal plasma-specific modifications to the uterine environment (19). Our study suggests that a mismatch in the origin of the sperm and seminal plasma between dietary treatments has a greater impact on offspring metabolic health than when both semen components originate from the same suboptimal dietary treatment group. We hypothesize that when both sperm and seminal plasma originate from the same dietary background, the seminal plasma-primed uterine environment is appropriate for the sperm-programmed preimplantation embryo, impacting minimally on offspring health. When the seminal plasma-mediated programming of the embryo and uterus is mismatched, adaptive changes initiated within the embryo/fetus elevate metabolic disease risk in adult life (1). However, further studies are needed to determine precisely how mismatched sperm and seminal plasma affect offspring metabolic health.

We believe our study has relevance for both human- and large animal-assisted reproduction where embryos are routinely generated and develop in a seminal plasma-free environment and where embryos are transferred to a nonseminal plasma-primed uterus. This is an important context for this phase of our work. It will, therefore, be of interest to determine in humans and large animals the extent to which a mismatch between the programming of the embryo and the optimal priming of the uterus direct the development and well-being of offspring.

Materials and Methods

Animal Treatments. All procedures were conducted in accordance with the UK Home Office Animal (Scientific Procedures) Act 1986 and local ethics committees. Virgin 8-wk-old males, both intact ($n = 32$ in total) and vasectomized ($n = 16$ in total), and 5- to 9-wk-old female C57BL/6 mice (Harlan Ltd) were maintained either at the University of Nottingham's Bio Support Unit or at Aston University's biomedical research facility. Males were allocated either control normal protein diet (NPD; 18% casein) or isocaloric low-protein diet (LPD; 9% casein) for a minimum of 8 wk as described previously (10, 11) and detailed in *SI Appendix, Table S1*.

Stud Sperm MBD2-Seq Analysis. Methylated DNA from NPD and LPD male epididymal sperm was isolated ahead of library preparation, sequencing, and bioinformatics analysis detailed in *SI Appendix, Supplementary Materials and Methods*.

Uterine and Seminal Plasma Cytokine Array. Virgin 7- to 9-wk-old C57BL/6 females were caged overnight with NPD or LPD studs. At day 3.5 post coitus, whole uteri were homogenized for the analysis of cytokine levels using a Bio-Plex Pro Mouse Cytokine 23-plex immunoassay (Bio-Rad Laboratories) and analyzed as detailed in *SI Appendix, Supplementary Materials and Methods*. Using the same Bio-Plex assay, we also analyzed stud male seminal plasma cytokine levels as detailed in *SI Appendix, Supplementary Materials and Methods*.

Paternal and Maternal Tissue Histology. Day 3.5 post coitus uteri from females mated with NPD- or LPD-fed males and whole NPD- and LPD-fed male testes were processed into paraffin wax and sectioned and analyzed as detailed in *SI Appendix, Supplementary Materials and Methods*.

Stud Sperm Capacitation Assay. Motile epididymal sperm were isolated from NPD and LPD males for analysis of capacitation by chlortetracycline (CTC) staining and cholesterol efflux as detailed in *SI Appendix, Supplementary Materials and Methods*.

Offspring Generation. Female C57BL/6 mice were superovulated and artificially inseminated using sperm from NPD- or LPD-fed males as detailed in *SI Appendix, Supplementary Materials and Methods*. Following artificial insemination, females were housed overnight with an NPD- or LPD-fed vasectomized male. Four groups of offspring were generated, termed NN (NPD sperm and NPD seminal plasma), LL (LPD sperm and LPD seminal plasma), NL (NPD sperm and LPD seminal plasma), and LN (LPD sperm and NPD seminal plasma). A minimum of eight litters per treatment group were generated.

Offspring Glucose Tolerance Test. Offspring glucose tolerance at 15 wk of age was determined as described previously (10). Offspring were fasted overnight before an i.p. glucose bolus (2 g/kg body weight in PBS) as detailed in *SI Appendix, Supplementary Materials and Methods*.

Offspring Tissue Sampling. Offspring were culled at 16 wk of age for the collection and analysis of tissues as detailed in *SI Appendix, Supplementary Materials and Methods*.

RNA and DNA Extraction for Gene Expression and Bacterial Profile Analysis. RNA was extracted from stud sperm, day 3.5 post coitus maternal uterine tissue, and offspring kidney tissues, and DNA was extracted from offspring

fecal samples as detailed in *SI Appendix, Supplementary Materials and Methods*. RT-qPCR was performed using primer sequences provided in *SI Appendix, Table S5* and as detailed in *SI Appendix, Supplementary Materials and Methods*.

Statistical Analyses. Stud male (excluding MBD-Seq data) and maternal data were analyzed using independent samples or repeated measures *t* tests, where appropriate (SPSS version 23). For each litter, only one sperm donor male and one vasectomized male were used, and no male was used more than once. All offspring data were analyzed using a multilevel random effects regression model (SPSS version 23) (10) with paternal origin of litter incorporated as a random effect in addition to litter size and body weight as detailed in *SI Appendix, Supplementary Materials and Methods*.

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